

Self-Monitoring Supports

Type of Support	Purpose	Location	Brief Description
The TEACCH Protocol	To assist the student in navigating in-class activities independently	Written on the white board	The student who is engaged in instruction should be able to answer each of the following questions: 1. What should I be doing? 2. How much work should be completed? 3. How will I know when I am done? 4. What do I do when I am finished?
The Incredible 5-Point Scale-	To assist in regulating voice tone or other behavioral issues.	Once communicated to the learner, is retained in his or her memory	Learners are taught to associate voice volume with numerals. After instruction, the teacher need only to point to the numeral associated with the current sound level and slide his or her finger to the numeral that represents the desired volume.
The Travel Card	To increase productive behavior and sustain communication about a particular student across teachers	Prepared in advance and carried by learner to all classes	The Travel Card is designed to (a) increase productive behavior in middle and high school learners across their many environments, (b) facilitate collaboration between teachers, (c) increase awareness among teachers of the goals the student is working on, and (d) improve home-school communication.