**What Are Assessment-Capable Learners?**

**The Learners**

Assessment-capable learners monitor their learning. These learners are aware of the outcome they are trying to achieve and the steps needed to achieve it. They periodically compare their current level of performance with the intended outcome to gauge progress.

**Teachers Who Help Students Become Assessment-Capable**

* Help students understand the learning target by …
  + Stating learning targets using language that students understand;
  + Modeling “I can” statements or other simple ways to describe learning targets;
  + Developing rubrics with (not just for) students; and
  + Providing examples of student work that matches criteria at different levels of performance on the rubric.
* Help students understand the learning process by …
  + Sharing learning progressions;
  + Reminding students to keep track of their progress using learning progressions;
  + Helping students set goals; and
  + Helping students make action plans for moving from where they are in their learning to where they need to be.
* Help students assess their learning by …
  + Providing descriptive feedback;
  + Teaching students to reflect on their own performance;
  + Helping students conduct accurate self-assessments;
  + Showing students how to document their progress; and
  + Encouraging students to share their learning at every step of the way.